## **Embracing the shadow**

### Poems from the heart

For learners and lovers of poetry

ALVIN M. N. MWANIKI

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#### DEDICATION

I dedicate these poems to my progeny: Earnest, Prince and Juliet. May yours stars always shine bright.

#### PREAMBLE

The following poems were scripted majorly to be performed during the Kenya drama and music festivals. The poet was inspired by the current affairs that were trending during various seasons.

The verses have been performed at various festivals with some qualifying to the national level.

This book is meant to serve various functions such as recreation, education, sensitization, motivation among others.

Some questions have been provided at the last pages which would be very useful to students who want to hone their knowledge and skills on matters poetry.

#### PART ONE: THE GIRL CHILD

#### Who Stole my Cake?

How do I describe my situation? This unexplainable protrusion, The tingling sensation, The morning indisposition, Is it an allergic reaction? A kwashiorkor symptom? A strange reaction? Did someone steal my cake?

Don't give me that look! Deserving of a crook, You make me puke! Twas by fluke, I got into this yoke, My innocence he took, His mischief I now cook, But he's not off the hook, I'll bring him to book, Do you know who stole my cake?

Could it be you, classmate? During that revision date, You tampered with my geography, Confused my biology, Then came the chemistry, Before I could say, "Wait!" I had already swallowed the bait, That business sealed my fate, Could that be how I lost my cake?

Could it be you pastor 3:10? In your vestry came for prayer, Casting spirits with such a flair, Then, descended a spirit so weird, Your 'holy' hands slid from my hair, And sneaked down my chest, Began to press, caress, undress... One thing led to the rest, When you finally said, "Amen!" I feared my cake had been stolen.

Could it be you dear uncle frank? I got you from the gutter dead drunk, Walked you home hand-in-hand, But at the Honia river bank, Twas after the sun had sunk, Threw me down like a potato sack, I used my all to fight you back, But you were stronger than a truck, Could that be how I lost my cake?



Could it be you, *bwana* honourable, As you rode in your big black Prado, That lift you offered was such a gumble, How could I have been so gullible? What you did is far from honourable, You bought my silence with one big bundle, But even bigger is this scandal, Could that be how I lost my cake?

It takes two to tango, Why am I alone in this limbo? Should I carry his trophy alone? Shouldn't he also put on a crown? Should I carry the evidence alone? Shouldn't he also put on a gown? Please, tell me, tell me, Who stole my cake?

#### It's Not My Fault

It's not my fault That my eyes are lovely My teeth are radiant My cheeks are chubby My skin so smooth I've just been fed well

It's not my fault I've grown so fast My body has enlarged My bust ripened I've just been fed well

It's not my fault That you admire me Though still a child Of mummy and daddy And still schooling I've just been fed well

It's not my fault Smitten by my beauty Your blood boils But when you beckon I turn you down



I've just been fed well

It's not my fault You faultily desire me Your hair rises Your heart palpitates Since I'm so attractive I've just been fed well

It's not my fault When I'm walking by You lose control Don't you rape me I'm still a child I've just been fed well

It's not my fault That boys my age Irresponsible husbands Even prominent men All desire me I've just been fed well.

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